



CADDO COUNCIL ON AGING

Caring for Our Seniors

2008 Annual Report



The Fiscal year July 1, 2007-June 30th, 2008 was a productive year for the Caddo Council on Aging. The Caddo Council Aging/Area Agency on Aging received the Federal Older American Title III monies from the Governor's Office of Elderly Affairs on this timetable. The Caddo

Council on Aging is a quasi-governmental entity which must comply with the policies and regulations established by the Governor's Office of Elderly Affairs. The primary function of the Caddo Council on Aging is to improve the quality of life for the parish's elderly as well as to coordinate and monitor the services of other local agencies serving the aging people of the parish.

Through the Title III funding, the following services were provided to seniors 60+ in Caddo Parish: Congregate Meals, Crime Prevention, Meals on Wheels, Homemaker, Information and Assistance, Legal, Medical Alert, Medicine Management, Nutrition Counseling, Nutrition Education, Outreach, Personal Care, Recreation, Telephoning, Transportation, Wellness. (See Units of Service Chart) As you will see from the charts, the City and Parish and other community grants support us through the fiscal year of January 2007 to January 2008.

The Caddo Council on Aging is the sponsoring agency for the Foster Grandparents Program and the Retired Senior Volunteer Program. The Corporation for National Service funds these programs.

In addition to our Title III programs, several other programs are offered in cooperation with other agencies. SOS - Sheriff's Operation Safeguard is a program that is provided by the Caddo Parish Sheriff's Department. This service helps identify and reunite lost, memory-impaired persons with their families. Participants are given a bracelet engraved with the name and phone number of the Sheriff's Office and an ID number that corresponds to personal information, such as an emergency family

contact, maintained in a confidential Sheriff's Office database. There is no charge for this program.

SenioRX Program was funded again but funded through the new Aging and Disability Resource Center. This is a new program through the Administration on Aging and funded by the Louisiana Legislature. It is a resource center for the nine parishes of Northwest Louisiana. This department tries to help seniors and their caregivers navigate the complex system of long term care. ADRC also helps with free medicine through the Prescription Assistance Program and the comparison and selection of the Medicare Part D Plans.

The volunteer effort for Meals on Wheels has just been a huge success and is growing each month. We now have 30 stations involving 59 organizations and over 400 volunteers. Monday through Thursday, over volunteer teams fan out across Shreveport helping feed seniors. Sometimes, the volunteers are the only people our seniors see all day. As a volunteer, you literally become a lifeline to our older citizens.. and you just can't put a price on that. Because of the volunteer program, 210 more seniors enjoy a hot luncheon meal. Currently we are serving about 1032 meals per day.

We had a fundraiser for Meals on Wheels this year in March. It was called March for Meals and it was a huge success. \$100,000 was raised for the program. An award of \$1000 was given to the CCOA from the National Meals on Wheels Association in recognition of this successful fundraiser. Plans have been made to repeat this fundraiser in 2009.

The Joy Fund of the Shreveport Times gave the council \$3,000 for Christmas pantry packs for our home delivered meals clients. They were distributed before Christmas.

There will be great challenges for the Caddo Council on Aging with the numbers of frail seniors growing but we will remain constant in our mission to ensure the quality of life of our senior population.

March for Meals 2008



Libbey Glass Fan Drive



Libbey Glass kicks off the Fan Drive for 2008 - donating 75 fans.



I would like to wish everyone a prosperous new year. I also would like to thank my fellow board members and the staff of the Council for all the great work you have done over the past year.

As I retire as president of the board, I do so with mixed emotions. I really enjoyed the good times, and there were many. Times when we surpassed our goals in fundraising and increased services.

There were also hard times, times when we had to cut personnel or cut hours or close centers. Those were tough times, but necessary in order to maintain services for our seniors. Mary Alice Rountree, Executive Director and Monica Wright, Fiscal Director worked on each option tirelessly and are to be commended.

Liz Swaine has the reigns now and she will lead like she does everything, wide-open. The Council could not be in better hands and I stand ready to help any way that I can.

- Sheriff Steve Prator



Organizations and Business involved in Volunteer Stations

- | | | |
|-----------------------------------|-----------------------------------------|---------------------------------------|
| A Good Home Care | Heritage Manor Stratmore | Tower Book Store |
| The ARC | Holy Trinity Lutheran Church | Trinity Heights Baptist Church |
| Avant Properties | Hospice of Shreveport Bossier | United Way of Northwest Louisiana |
| Booker T. Washington Nursing Home | Humana | Volunteers of America/Highland Center |
| Broadmoor Assembly of God | Jayne Tappe Realty Executives | Westwood Manor Nursing Home |
| Broadmoor Presbyterian Church | Kilpatrick Insurance | |
| Broadmoor United Methodist Church | Lake Bethlehem Baptist Church | |
| Caddo Sheriff's Department | Landmark Nursing Home | |
| Capital One | LANO | |
| Centerpoint Energy | Mangum United Methodist Church | |
| Chase | Nurse Care | |
| Christ United Methodist Church | Parkview Baptist Church | |
| Church of Christ North | Promise Hospital of Shreveport | |
| Church of Christ Southern Hills | Querbes and Nelson Insurance | |
| Church of Christ University | Sam's Town | |
| Claiborne Healthcare | Society of St. Vincent De Paul | |
| Cook Yancy Law Firm | Social Security Administration | |
| Daisy a Day Florist | Southern Care Hospice | |
| Division of Probation and Parole | Southland Home Health | |
| Ellerbe Methodist Church | St. Elizabeth Ann Seton Catholic Church | |
| Enterprise Rent a Car | St. Joseph Catholic Church | |
| Galilee Baptist Church | St. Luke United Methodist Church | |
| Grace Community Church | St. Paul Episcopal Church | |
| Harmony House | St. Pius Catholic Church | |
| Harrahs/Horseshoe Casino | Summer Grove United Methodist Church | |
| Heritage Manor South | The Radio Group | |
| | The Shreveport Times | |

Countless number of individual volunteers!



Carolyn Williams and Frances Jones of the ARC volunteer to deliver meals.

COMBINED STATEMENT OF REVENUES & EXPENDITURES

For the year ended June 30, 2008

REVENUES

Intergovernmental Grants	2,359,768
Public Support/Participant	
Contribution/Program Income	157,022
Fund Raising Income	97,337
Interest Income	25,271
Match Funds (In-Kind)	39,608
Other Revenues	12,624

Total Revenues 2,691,630

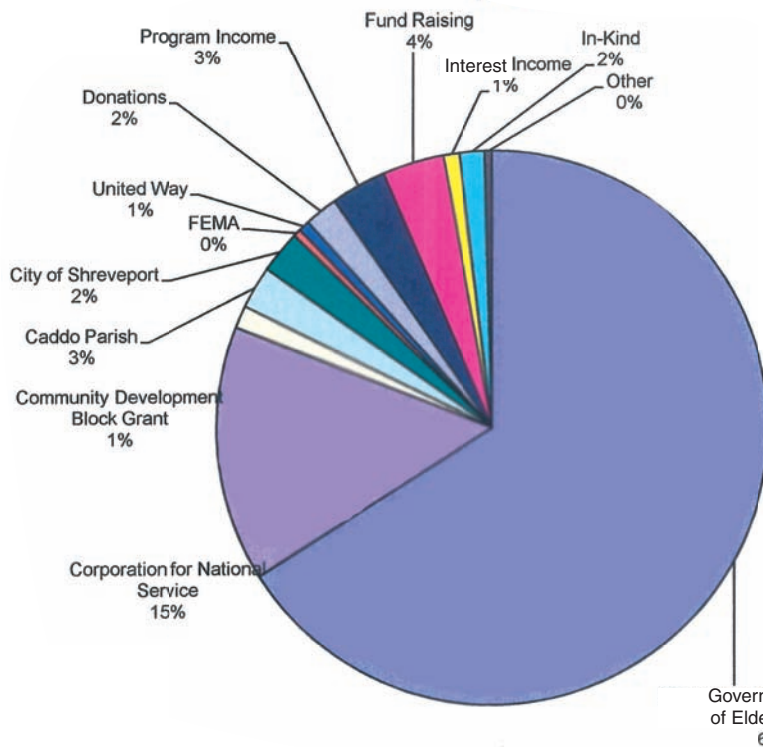
EXPENSES

Salaries & Fringe Benefits	1,086,2519
Travel, Operating Service and Supplies	406,155
Stipends	205,857
Meals	732,462
Sub Recipient - Socialization Agency	225,309
Other Cost	13,261
Capital Outlay	39,608

Total Expenses 2,708,903

Net increase (decrease) in fund balance 17,273

INCOME SOURCES



■ Governors Office of Elderly Affairs	1,777,421
■ Corporation for National Service	401,937
□ Community Development Block Grant	34,790
□ Caddo Parish	67,000
■ City of Shreveport	66,250
■ FEMA	12,370
■ United Way	17,265
□ Donations	52,478
■ Program Income	87,279
■ Fund Raising	97,337
■ Interest Income	25,271
■ In-Kind	39,608
■ Other	12,624
TOTAL	2,691,630

BALANCE SHEET

June 30, 2008

Assets:

Cash	828,026
Grants receivable	72,922
Due from other funds	320,942
Prepaid expenses	50,652

Total Assets

1,272,542

Liabilities:

Accounts payable	127,562
Due to other funds	320,942
Deferred income	3,123

Total Liabilities

451,627

Fund Balances:

• Reserved for prepaid expenses	50,652
• Fund balance reserved/special revenue fund	423,874
• Fund balance unreserved/general fund	346,389

Total fund balances

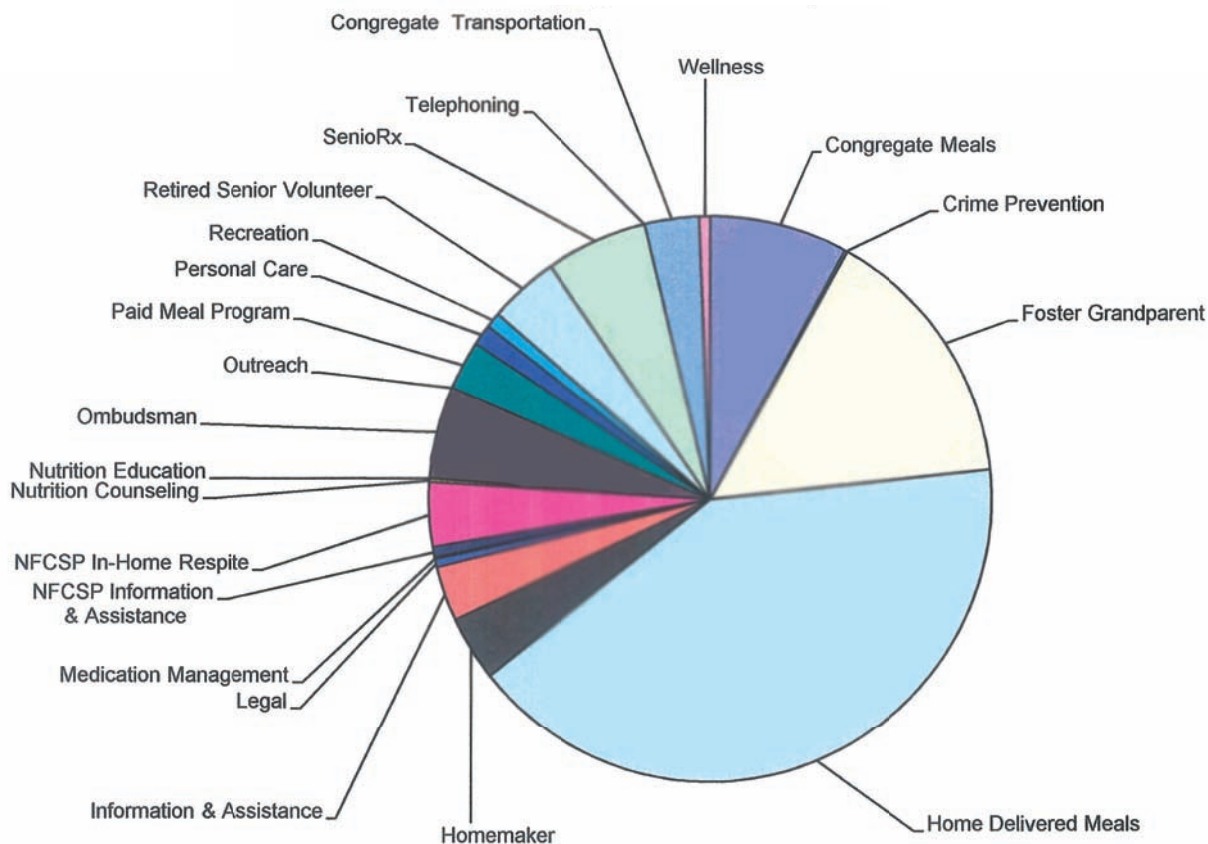
820,915

Total liabilities & fund balances

1,272,542

COST OF SERVICES

July 1, 2007 - June 30, 2008



Caddo Council on Aging

Services Provided

July 1, 2007 - June 30, 2008

	Units Provided		Total Cost of Program
Congregate Meals	37,085	Meals	\$195,782
Crime Prevention	35,419	Contacts	4,057
Foster Grandparent	78,927	Hours	379,368
Home Delivered Meals	248,624	Meals	1,017,516
Homemaker	5,486	Hours	92,763
Information and Assistance	2,379	Contacts	78,309
Legal	209	Hours	10,991
Medication Management	311	Contacts	3,338
NFCSP Information and Assistance	138	Contacts	14,309
NFCSP In-Home Respite	5,493	Hours	91,141
Nutrition Counseling	315	Hours	4,400
Nutrition Education	117	Sessions	1,553
Ombudsman	1,951	Hours	129,878
Outreach	90	Contacts	395
Paid Meal Program	17,056	Meals	69,959
Personal Care	1,076	Hours	29,586
Recreation	35,419	Contacts	21,938
Retired Senior Volunteer	135,911	Hours	99,713
SenioRx	1,520	Prescriptions	145,220
Telephoning	1,710	Contacts	404
Congregate Transportation	9,939	One Way Trips	77,210
Wellness	35,419	Contacts	16,205

Caddo Council on Aging

Board Members 2008

President

Sheriff Steve Prator

1st Vice President

Liz Swaine

Treasurer

Sandra Robertson

Secretary

Lena Leviston

Bart Alexander

Frankie Canty

Mary Dunn

Jeff Everson

Paul Glanville

Terry Hayes

Linda MacKinnon

Dora Miller

Don Razinsky

Amy Stewart

Dock Voorhies

Pam Ward

Advisory Council

Oliver Bowe

Angie Costakis

Dr. Paul Click Fenter

Lessie Houston

Jessie Moore

Paul Pratt

Karen Stubbs

Angie White

Dr. Christine Wright

07/08

SENIOR SERVICES

Information Referral

Call 632.2090 to find help for specific senior problems

Resource Directory

www.caddocouncilonaging.org

Homemaker

A trained worker will perform light household tasks for house-bound persons. A \$5 monthly donation is requested.

Family Caregiver

Short-term temporary relief care is provided for caregivers so that they may have a break from senior care. A donation is requested.

Foster Grandparent

Seniors age 60+ can serve as mentors, tutors and caregivers to youth with special needs. Foster grandparents must meet federal income requirements. A modest tax-free salary is given for 20 hours' per week service. This program is provided in Caddo and Bossier parishes.

Aging & Disability Resource Center of Northwest LA

Serving Seniors & Disabled Adults in Northwest Louisiana Parishes

Call 1.800.793.1198 or 318.632.5900

- **Long Term Care Resources & Options**
Help you navigate through the complex system of Long Term Care
- **Medicare Counseling**
Answer questions on Medicare coverage
- **Medicare Part D Application**
Assist you to find the best plan every year through www.medicare.gov
- **Medicine Assistance**
Help seniors and disabled adults complete applications to drug companies for free or discounted medicine.

Meals on Wheels

Hot meals are delivered to homes of seniors unable to shop or cook for themselves. A yearly wellness check is included. A \$5 weekly donation is requested.

Medical Alert

Senior emergency response system provided by Acadian on Call for a \$20 monthly fee. This system gives immediate access to medical care in case of accidents.

Personal Care

Personal care provided weekly for homebound seniors.

Nursing Home Ombudsman

An advocate will investigate and resolve senior's nursing home complaints. Provided in Bienville, Bossier, Caddo, Claiborne, Desoto, Red River and Webster parishes.

Retired Senior Volunteer Program

Seniors 55+ can volunteer to work with community non-profit agencies and health care facilities. A great opportunity to meet new people and have fun! This program is provided in Caddo and Bossier parishes.

Senior Centers/Dining Sites

12 area locations (listed on the back of this brochure) that offer recreation, exercise, and activities like bingo, crafts and sewing. Lunch is served for a \$1.25 donation. Transportation is provided on a limited basis. Call 632-2080 for more information.

Sheriff's Operation Safeguard

Caddo Parish Sheriff's Office helps reunite persons with Alzheimer's who have become lost with their families. Participants are given a special ID bracelet containing information stored in the Sheriff's Office database. Call 681-0875 to register. A free service.

Telephone Reassurance

Volunteers call seniors to offer comfort, support and a chat.

Contact Information

E-mail: cco@caddocoa.org
4015 Greenwood Road
Shreveport, LA 71109

Telephone: (318) 632-2090
Fax: (318) 632-2095
Toll Free: 1-800-256-3003

Website: www.caddocouncilonaging.org