



2015 ANNUAL REPORT

A MESSAGE FROM THE EXECUTIVE DIRECTOR



The fiscal year July 1, 2014- June 30th, 2015 was a very productive year for the Caddo Council on Aging. The Caddo Council on Aging/Area Agency on Aging received the Federal

Older American Title III monies from the Governor's Office of Elderly Affairs on this timetable. The Caddo Council on Aging is a quasi-governmental entity which must comply with the policies and regulations established by the Governor's Office of Elderly Affairs. The mission of the Caddo Council on Aging is to help elderly individuals maintain their dignity and independence in their homes and communities through comprehensive, coordinated, and cost effective systems of long-term care. The vision of the Caddo Council on Aging is based on the American value that dignity is inherent to all individuals in our democratic society, and the belief that older people should have the opportunity to fully participate in all aspects of society and community life. They should be able to maintain their health and independence, and remain in their own homes and communities for as long as possible. In the ongoing management of Caddo Council on Aging programs and strategic planning process, the Caddo Council on Aging is guided by a set of core values in developing and carrying out its mission. These values include: listening to the elderly, their family caregivers, and partners who serve them; responding to the changing needs and preferences of increasingly diverse and rapidly growing elderly population; producing measurable outcomes that significantly impact the well-being of elderly and their family caregivers; and valuing and developing staff. We want to continue our work in striving to keep our seniors living at home in their later years. Dorothy had it right when she said that "there is no place like home."

Americans will eventually need services to help them live independently, either as consumers or as caregivers providing support to family and friends. However, many of them do not know where to begin, where to turn for help or how to access these services. That's why Caddo Council on Aging is critically important to people of all ages. The Caddo Council on Aging offers a "single point of entry" for clients and families to get questions answered by experts. We can also provide referrals to services and up to the minute guidance with updates and compliance. The Caddo Council on Aging is unique. We're available to speak with seniors and their caregivers face to face. In an age of "auto-response" and recorded menus, we offer an expert staff that they can sit down with, Monday through Friday, 250 days a year. We are working hard to expand the assistance offered by our agency, even in the face of shrinking local, state and

federal funding. We are so fortunate to have such a caring community that donates monetarily to us to serve more seniors and assist with our mission.

Mary Alice Rountree
Executive Director



FROM THE BOARD PRESIDENT

I was introduced to the Caddo Council on Aging by my friend and now City Councilman, Jeff Everson, after my neighbor and life-long family friend passed away. During her final few years, I would take her to run errands, help around her house, and would mostly just be her friend. This experience helped me realize that the need to serve area seniors is very real.

I am honored to have served on the Board of the Caddo Council on Aging since 2009, and as Executive Board President during 2015. During this time, I have watched this organization grow and adapt to changes brought about by both government requirements and societal needs. This organization spans socioeconomic boundaries in ways that many in our community do not realize. Services are not limited to those who are poor or homebound. In fact, community services are one of the fastest growing segments of the organization. CCOA provides community programs ranging from individual assistance in navigating complicated Medicare programs through the Aging & Disability Resource Center (ADRC), to a weekly Senior Tech Talk at the Randle T. Moore Center, and many more.

While CCOA may be best known for providing meals to our area seniors, through these innovative services, the staff and volunteers are also feeding the minds and souls of everyone touched by this organization.

As we move into 2016, I hope you will continue to support CCOA in whatever manner is best for you. For some, it may be delivering meals. Others may choose to attend events or support CCOA financially through donations and sponsorships.

Regardless of how you choose to support, your resources allow CCOA to be the friend that so many of our area seniors need.

Audrey Robinson
Board President



Meals on Wheels

Each week five (5) meals can be delivered to homebound seniors unable to cook or shop for themselves. Suggested donation \$5 weekly.



Information & Assistance

We are the 'GO TO' source for up to the minute information and resources related to aging. Also available 24/7 at: CADDOCO.A.ORG



Aging & Disability Resource Center

Speak in person with a trained counselor who's on your side. Let us help you navigate the complex system of government programs and long-term care. All at no charge.



In-Home Services

Learn what services are available to help maintain independent living. Including: Grocery Shopping, Housekeeping, Personal Care, Medical Alert and more.



Homemaker

We can help maintain a clean and safe environment by assisting with chores that may include vacuuming, doing dishes, taking out trash, cleaning bathrooms, and making beds.



Personal Care

Personal routines that relate to hygiene can become difficult with age. Call us if you need assistance with combing hair, brushing teeth, changing clothes, tying shoes, and more.



Caregiver Respite / Sitter

Short-term, temporary relief is provided for caregivers so that they may have a break from providing care for a homebound senior.



Senior Centers

Fun, friendly sites in Caddo Parish where today's active seniors can explore, engage and connect with an exciting world of information, opportunities and activities.



Legal Services

Provision of legal advice, counseling and representation by an attorney or other person acting under the supervision of an attorney.



Ombudsman

A powerful advocate for the rights and dignity of residents in long-term care facilities and their families. Contact a counselor to learn more.



Senior Corps

If you're 55 or older and want to share your experience and compassion, you have what it takes to be a Foster Grandparent. Call us today!



BALANCE SHEET

JUNE 30, 2015

ASSETS

Cash	\$2,334,040
Grants Receivable	279,090
Due from other funds	1,572,582
Prepaid expenses	90,955
TOTAL ASSETS	4,276,667

LIABILITIES

Accounts payable	318,913
Due to other funds	1,572,582
TOTAL LIABILITIES	\$1,891,495

FUND BALANCES:

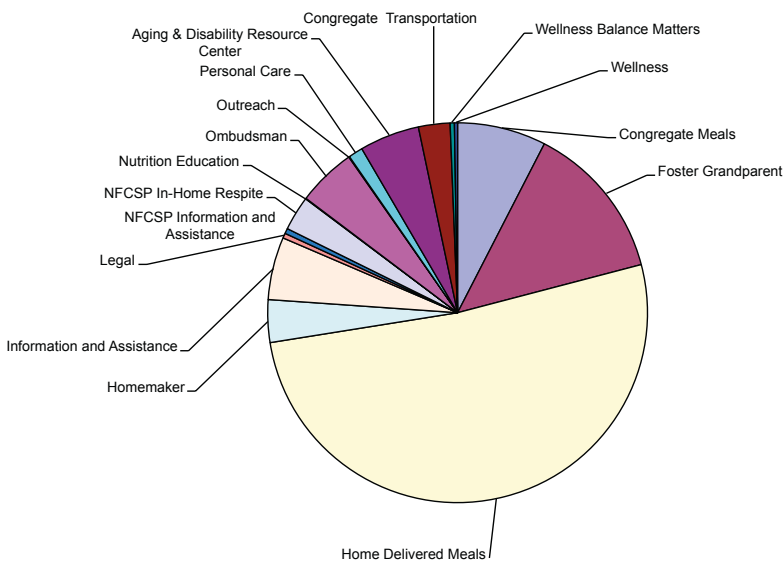
Reserved for prepaid expenses	\$90,955
Fund balance reserved/special revenue fund	1,592,225
Fund balance unreserved/general fund	701,992
TOTAL FUND BALANCES	\$2,385,172

TOTAL LIABILITIES & FUND BALANCES **4,276,667**



COST OF SERVICES

JULY 1, 2014 - JUNE 30, 2015



Congregate Meals	\$189,969
Foster Grandparent	335,813
Home Delivered Meals	1,295,682
Homemaker	91,162
Information and Assistance	134,121
Legal	10,493
NFCSP Information and Assistance	11,031
NFCSP In-Home Respite	73,759
Nutrition Education	1,315
Ombudsman	125,745
Outreach	1,698
Personal Care	30,895
Aging & Disability Resource Center	128,162
Congregate Transportation	67,480
Wellness Balance Matters	9,076
Wellness	6,665
Total	\$2,513,066



COMBINED STATEMENT OF REVENUES & EXPENDITURES

FOR THE YEAR ENDED JUNE 30, 2014

REVENUES

Intergovernmental Grants	\$3,270,644
Public Support/Program Income	242,149
Fund Raising Income	327,631
Other Revenues/Interest Income	1,6391

TOTAL REVENUES \$3,448,096

EXPENSES

Salaries & Fringe Benefits	\$1,226,907
Travel, Operating Service and Supplies	279,086
Stipends	203,076
Food Cost	957,067
Client Services	671,557
Other Cost	177,249
Capital Outlay	50,409
In-kind	—

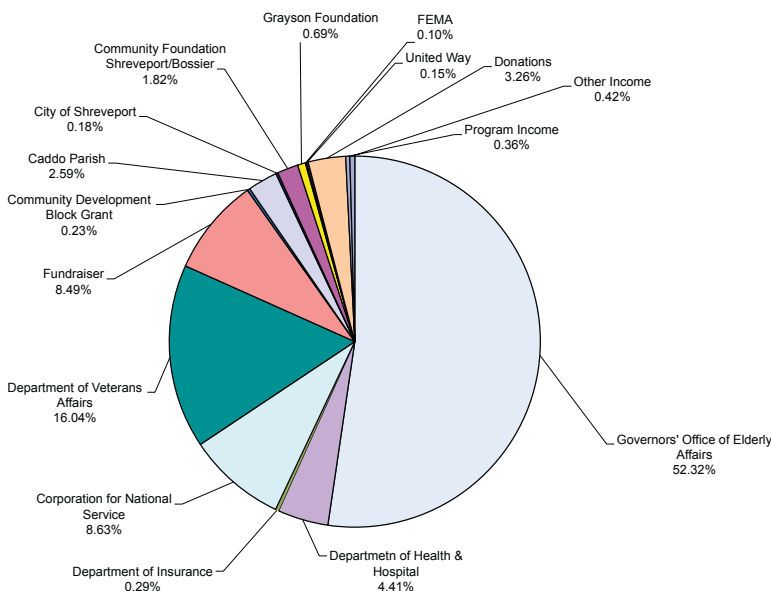
TOTAL EXPENSES \$3,565,351

NET INCREASE (DECREASE) IN FUND BALANCE \$291,464



INCOME SOURCES

FOR THE YEAR ENDED JUNE 30, 2015



Governors' Office of Elderly Affairs	\$2,017,998
Department of Health & Hospital	170,151
Department of Insurance	10,995
Corporation for National Service	332,963
Department of Veterans Affairs	618,533
Fundraiser	327,631
Community Development Block Grant	9,004
Caddo Parish	100,000
City of Shreveport	7,000
Community Foundation Shreveport/Bossier	70,262
Grayson Foundation	26,540
FEMA	4,000
United Way	5,805
Donations	125,725
Program Income	1,3817
Other Income	1,6391
Total	\$3,856,815



SERVICES PROVIDED

JULY 1, 2014 - JUNE 30, 2015

	Units Provided	Total Cost of Program	Cost to Provide Service
Congregate Meals	32,551 Meals	\$189,969	\$5.84 per Meal
Foster Grandparent	76,632 Hours	335,813	\$4.38 per Hour
Home Delivered Meals	276,501 Meals	1,295,682	4.69 per Meal
Homemaker	4,543 Hours	91,162	20.07 per Hour
Information & Assistance	2,286 Contacts	134,121	58.67 per Contact
Legal	204 Hours	10,493	51.37 per Hour
NFCSP Information & Assistance	117 Contacts	11,031	94.28 per Contact
NFCSP In-Home Respite	3,094 Hours	73,759	23.84 per Hour
Nutrition Education	119 Sessions	1,315	11.05 per Session
Ombudsman	740 Visits	125,745	169.93 per Visit
Outreach	58 Contacts	1,698	29.28 per Contact
Personal Care	1,021 Hours	30,895	30.26 per Hour
Aging & Disability Resource Center	2,798 Contacts	128,162	45.80 per Contact
Congregate Transportation	5,698 1-Way Trips	67,480	11.84 per 1-Way Trip
Wellness Balance Matters	11 Sessions	9,076	825.09 session
Wellness	413 Contacts	6,665	16.14 per Contact

Organizations and Business involved in Volunteer Stations

AFLAC	First Baptist Church	St. James Episcopal Church
Anderson Oil and Gas	Galilee Baptist Church	St. Joseph Catholic Church
ARC	Highland Center/ Volunteers of America	St. Luke Methodist Church
Broadmoor Methodist Church	Hill Cross Hospice	St. Mary of the Pines Catholic Church
Broadmoor Presbyterian Church	Holy Trinity Lutheran Church	St. Paul Episcopal Church
Brookwood Baptist Church	Mangum Methodist Church	St. Pius Catholic Church
Canaan Towers Apartments	National Home Health	Summer Grove United Methodist Church
Cedar Hill Apartments	Our Lady of the Blessed Sacrament	Trinity Heights Baptist Church
Christ United Methodist Church	Society of St. Vincent De Paul	University Church of Christ
Church of Christ North	Et. Elizabeth Ann Seton Catholic Church	Williams Memorial CME Temple Church
Ellerbe United Methodist Church		

*And Countless Individual Volunteers
Join the Cause and Volunteer for Meals on Wheels*

ADVISORY COUNCIL

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TAXONOMY OF SERVICES THROUGH THE OLDER AMERICAN ACT

CONGREGATE MEALS

Provide the opportunity for seniors to enjoy a meal and socialize with other seniors in the community. These luncheon meals are served at eleven different senior centers in Caddo Parish.

HOME DELIVERED MEALS KNOWN AS "MEALS ON WHEELS"

Provide nutritious luncheon meals to homebound seniors. This service is designed to help seniors maintain their independence as they face financial, physical, or emotional hardships. A hot meal, designed to meet one-third of the daily requirements for senior nutrition, is delivered to the homes of seniors who, due to frail health, are unable to shop and/or cook for themselves. In addition to the nutritional benefit, this program provides a yearly wellness check for seniors. Luncheon Meals are delivered Monday through Friday.

HOMEMAKER SERVICES

Provide an array of in-home housekeeping services for the elderly who are frail, homebound by reason of illness or incapacitating disability.

INFORMATION AND ASSISTANCE

Provide information and links on services available in the community for seniors. Outreach workers also assess a senior's problems and capabilities and enroll them in programs offered through the Caddo Council on Aging/Area Agency on Aging. The Caddo Council on Aging operates a Caddo Parish Senior Coalition of over 80 agencies working with seniors with the purpose of closing various gaps of service to the seniors.

LEGAL SERVICES

Provides legal advice, counseling and representation by an attorney or other person acting under the supervision of an attorney. Education at Senior Center/Congregate Dining Sites is ongoing.

MEDICAL ALERT

Provides an in-home 24-hour electronic alarm system that enables an older homebound person to summon help in the event of an emergency. This program is offered through Acadian On Call and the Caddo Council on Aging.

CAREGIVER IN-HOME RESPITE/SITTER

Provides relief or rest for the caregiver for a specified period of time, from the constant/continued supervision, companionship, therapeutic and or personal care of a person with a functional impairment.

CAREGIVER PERSONAL CARE

Provides personal assistance for a senior that has difficulties with one or more of the following activities of daily living, eating, bathing, dressing, toileting and transferring in and out of bed.

CAREGIVER EDUCATION

Provides Informational material to caregivers.

NUTRITION COUNSELING

Provides individualized advice and guidance to individuals who are at nutritional risk.

NUTRITIONAL EDUCATION

Provides nutritional education to seniors who receive Meals on Wheels or attend a Senior Center/Congregate Dining Site.

OMBUDSMAN PROGRAM

Provides advocacy services to residents of Nursing Homes and other long-term care facilities. Ombudsmen do the following: visit facilities regularly addressing residents concerns about quality of care, food, finances, activities, visitation, and their ability to exercise their rights as a resident or citizen, investigate complaints of neglect or abuse; work with resident families, facilities, community organizations

and others to address concerns that affect the lives of residents; assist families identify suitable long-term care facilities for loved ones; educate the public, caregivers and residents themselves about their rights and efforts to improve care.

OUTREACH

Provides interventions for the purpose of identifying potential clients and encouraging their use of existing services and benefits.

PERSONAL CARE

Provides personal assistance for a senior that has difficulties with one or more of the following activities of daily living, eating, bathing, dressing, toileting and transferring in and out of bed.

RECREATION

Provides individual and group activities that promote social interaction and well being for seniors. Recreation is provided at 11 Senior Center/Congregate Dining Sites.

WELLNESS

Provides activities that are designed to support and or improve the senior's mental and /or physical wellbeing, e.g. exercise/physical fitness and health screening. Balance Matters classes were provided by LSU Allied Health.

FOSTER GRANDPARENTS PROGRAM

Provides service as mentors, tutors, and caregivers for at-risk children and youth with special needs through a variety of community organizations, including schools, hospitals, drug treatment facilities, correctional institutions, and Head Start and day-care centers. It is part of Senior Corps of the National Corporation of National Service.

