





Northwest Louisiana Menu March 2016

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Milk is served with every meal. Margarine is served with every meal unless another condiment is noted. Due to the unavailability of certain items, appropriate substitutions may need to be used.</p>	<p>1</p> <p>Beef Italian Macaroni Calabasa Squash Herbed Green Beans Wheat Roll Pineapple Tidbits</p>	<p>2</p> <p>Sausage Jambalaya Northern Beans Broccoli Wheat Bread Raspberry Gelatin</p>	<p>3</p> <p>Sliced Turkey Breast w/Orange Sauce Red Mashed Potatoes Green Beans w/Red Pepper & Onion Whole Grain Breadstick Chocolate Chip Cookie</p>	<p>4</p> <p>Confetti Chicken Breast Whipped Potatoes Glazed Carrots Wheat Roll Oatmeal Crème Cookie</p>
<p>7</p> <p>Swedish Meatballs Twice Whipped Potatoes Green Beans Wheat Bread Cherry Gelatin</p>	<p>8</p> <p>Chicken Cacciatore Garlic and Red Pepper Penne Spinach Orange Juice Whole Grain Breadstick Seasonal Fruit</p>	<p>9</p> <p>Hamburger Patty Lettuce and Tomato Ranch Beans Hamburger Bun Hot Mandarin Oranges & Pineapple Ketchup</p>	<p>10</p> <p>Sliced Ham Crowder Peas Mixed Greens Cornbread Carnival Cookie</p>	<p>11</p> <p>Pizzaiola Beef Patty Whole Kernel Corn Broccoli Wheat Roll Sugar Wafers</p>
<p>14</p> <p>Creole Chicken Breast Green Peas Spring Vegetable Blend Wheat Bread Seasonal Fruit</p>	<p>15</p> <p>Pork Roast w/Onion Gravy Oven Roasted Potatoes Mixed Greens Cornbread Peaches and Pineapple</p>	<p>16</p> <p>Chicken Gumbo White Rice Glazed Carrots Fruit Blend Juice Saltine Crackers Orange Gelatin</p>	<p>17</p> <p><u>St. Patrick's Day Holiday</u> Beef Stew Buttermilk Potatoes Cabbage Cornbread St. Patrick's Day Cookie</p> 	<p>18</p> <p>Salisbury Steak Delmonico Potatoes Stewed Tomatoes Wheat Roll Frosted Birthday Cake</p> 
<p>21</p> <p>Meatloaf w/Brown Gravy Ranch Potatoes Mixed Vegetables Wheat Bread Brownie</p>	<p>22</p> <p>Grilled Pork with Mushrooms Lima Beans Okra and Tomatoes Wheat Roll Seasonal Fruit</p>	<p>23</p> <p>Beef Spaghetti Casserole Whole Kernel Corn Broccoli Texas Bread Rocky Road Pudding</p>	<p>24</p> <p><u>Easter Holiday Meal</u> Glazed Ham Oven Roasted Potato Medley Broccoli and Cheese Casserole Dinner Roll Carrot Cake</p> 	<p>25</p> <p><u>Closed for Holiday</u></p> <p><i>Tgood</i> Friday</p> 
<p>28</p> <p>Italian Style Pork Rosemary Potatoes Green Peas Wheat Bread Seasonal Fruit</p>	<p>29</p> <p>Roast Beef with Gravy Parslied Rice Tuscany Vegetable Blend Fruit Blend Juice Texas Bread Chocolate Chip Pudding</p>	<p>30</p> <p>Sausage and Pinto Beans Buttered Rice Whole Kernel Corn Orange Juice Wheat Bread Nutty Buddy Bar</p>	<p>31</p> <p>Oven Fried Chicken Cut Yams Seasoned Green Beans Wheat Roll Oatmeal Cookie</p>	

Blair Mize, RD, LD